# **Caritas of Austin Pantry Wish List**



This year, Caritas of Austin will provide enough take-home groceries from our pantry for 45,000 meals. Conduct your own grocery card, food, or hygiene item drive in your neighborhood, business, school, or church to help us meet this goal. We can only accept unopen/unused and food that has not yet expired.

If you are interested in hosting a food or hygiene drive, please contact Melissa Ortiz at mortiz@caritasofaustin.org or 512.646.1291.

## **FOOD ITEMS:**

Canned pineapple\*

Canned fruit cocktail\*

Small containers of cooking

oil\*

Cereal\*

Canned mixed vegetables\*

Canned beets\*

Canned garbanzo beans\*

Shelf-stable milk

Peanut butter

Soups (cream of tomato,

cream of mushroom, beef

stew, and cream of chicken)\*

Tomato sauce\*

Canned salmon and sardines

Canned chicken\*

Macaroni and cheese

Canned ravioli

Sugar and salt\*

Reusable grocery bags

\*Most needed items

#### **HYGIENE ITEMS:**

Shampoo\*

Conditioner\*

Toothpaste\*

Deodorant (men's and women's)\*

Razors

Bath soap

Diapers: sizes 4, 5, 6, and pull-ups

# **GIFT CARDS FOR EMERGENCY NEEDS:**

H-E-B\*

Walmart

**Target** 

**Payless** 

Randall's

## **NOT NEEDED AT THIS TIME:**

Ramen noodles

Canned corn

Canned green beans

**Dried beans** 

Rice

Toilet paper